

Removing the Slave Bands

February 23, 2012

Study Text: Nehemiah 6

1) As I _____ with God's work in _____ my heart, I will face _____
_____.

2) It is _____ and _____ for me to create _____ to protect God's
work in my life.

3) I will be _____ by some and will be outright _____ by others.

➤ _____ are evil attacks against me that leave _____.

➤ _____ are deeply entrenched lies that _____ my belief system and are strongly
resistant to God's truth.

➤ _____ often spring up in strongholds in our effort to _____ and
_____ our deep soul wounds.

"We are human, but we don't wage war with human plans and methods. We use God's mighty
weapons, not mere worldly weapons, to knock down the Devil's strongholds. With these
weapons we break down every proud argument that keeps people from knowing God. With
these weapons we conquer their rebellious ideas, and we teach them to obey Christ."

- 2 Corinthians 10:3-5 (NLT)

"We demolish arguments and every pretension that sets itself up against the knowledge of God,
and *we take captive every thought to make it obedient to Christ.*" - 2 Corinthians 10:5 (NIV)

➤ _____ are _____ _____ the enemy feeds us. These are distortions of the truth
but generally FEEL true, thus influencing our emotions.

➤ _____ is often delivered as a vague but persistent troubling of our heart, mind,
or body. It often presents as a heavy mood that seemingly comes out of nowhere. It

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may feel like a _____ of discouragement, fear, hopelessness, uncertainty or confusion, to name a few.

- _____ are often _____ and _____ messages that insist that I MUST act or respond. Their urgency is often the signal that they are not led by the Spirit of God, for they are not life-giving. Instead, they are like powerful engines that drive me.

What distractions have been keeping you from cooperating with God's work in rebuilding your heart?

4) Am I driven by a need to _____ myself? If so, I am being fueled by my _____, and not the Holy Spirit.

"God's power is working in us. We use the weapons of righteousness in the right hand for attack and the left hand for defense. We serve God whether people honor us or despise us, whether they slander us or praise us." - 2 Corinthians 6:7-8

5) God's work in my life will have _____ on it! I may be able to change _____ for a while, but only God can change _____.

6) I need to be _____ to the _____ of the enemy.

"But let us who live in the light be clearheaded, protected by the body armor of faith and love, and wearing as our helmet the confidence of our salvation." - 1 Thessalonians 5:8

(See also Ephesians 6:10-18)

Answers: 1) cooperate, rebuilding, frequent distractions 2) wise, necessary, boundaries 3) misunderstood, attacked **Bullet points:** 1) assaults, soul wounds 2) strongholds, poison 3) addictions, protect, comfort 4) darts, negative thoughts 5) oppression, heavy blanket 6) distractions, urgent, persistent **Main points 4-6:** 4) prove, natural self 5) God's signature, what I do, who I am 6) wise, strategies